

## Pangu Yoga Teaching Training

First Name:	Middle Name:	Last Name:
Age:	Sex:	Occupation:
Mailing Address:		Telephone1:
		Telephone2:
Email Address:		
Have you learned the Moving Form? <input type="checkbox"/> Yes. Date: _____ <input type="checkbox"/> No.	Have you learned the Non-moving Form? <input type="checkbox"/> Yes. Date: _____ <input type="checkbox"/> No.	Have you read The Path of Life? <input type="checkbox"/> Yes. <input type="checkbox"/> No.
Have you attended Pangu yoga classes? When? <div style="border: 1px solid black; height: 100px; margin-top: 5px;"></div>		
The reason you want to be a Pangu Yoga teacher? (Attach an additional sheet if necessary.) <div style="border: 1px solid black; height: 150px; margin-top: 5px;"></div>		
Your experience of Pangu Yoga. (Attach an additional sheet if necessary.) <div style="border: 1px solid black; height: 150px; margin-top: 5px;"></div>		

Other Qigong or Yoga styles you know:

Do I have permission to publish your information in this form onto the website [www.anishadesai.com](http://www.anishadesai.com) in the future as a resource for those looking for Pangu yoga instruction?

☐ Yes

☐ Yes, partially. Please list:

☐ No.

Have you completed the prerequisites for Pangu Yoga Teacher Training?

☐ Yes ☐ No

Please check the prerequisites you have completed. Note: **all prerequisites must be completed before the training.** Please submit journal entries no later than January 15, 2014.

- ☐ yes ☐ no Practice Pangu Yoga 3 times weekly for 6 months
- ☐ yes ☐ no Practice Moving Form daily for 6 months
- ☐ yes ☐ no Practice Nonmoving Form daily for 6 months
- ☐ yes ☐ no Read *The Path of Life* by Master Ou
- ☐ yes ☐ no Successful completion of 200-hour Yoga Teacher Training
- ☐ yes ☐ no Minimum of 5 journal entries about your Pangu Yoga experience.

Course fee is \$360. **Registration and deposit of \$100 is due by October 31.**

Payment in full due by December 31. Deposit is not refundable. Please send check to:

Anisha Fraser  
3700 Rock Creek Dr  
Raleigh NC 27609

Signature \_\_\_\_\_ Date \_\_\_\_\_